

ST. JOHN VIANNEY

CONNECTIONS

OUR MISSION

As followers of Jesus Christ, and as full members of the Roman Catholic Church, we, the Parish Community of St. John Vianney, joyfully proclaim our Savior risen.

Through prayer and sacramental celebration of life in Jesus, we join as co-creators in his mission of justice and peace, through the power of the Holy Spirit for the glory of God.

OUR PARISH TEAM

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***Emergency due to death or serious illness, press 9.



CELEBRATION OF THE EUCHARIST

Sunday
8:00am 9:30am &
11:30am

Monday & Tuesday
7:00pm
Wednesday - Friday
9:30am

Saturday
5:00pm



CELEBRATION OF RECONCILIATION

Saturday
4:00pm - 4:45pm
(and after our
Weekday Masses)

OFFICE HOURS

Monday - Friday 9:00am - 4:00pm
Closed from 12:00pm - 1:00pm for lunch

THE HUMBLE HEART: A GATEWAY TO GOD'S GRACE

The Word of God this Sunday invites us into a sacred space where humility is not weakness but strength, not timidity but wisdom, and not self-denial but openness to God's transforming love. The readings (Sirach 3:17–20, 28–29; Hebrews 12:18–19, 22–24a; Luke 14:1, 7–14) weave together a profound message: those who walk humbly before God and others discover the true joy of belonging to the Kingdom.

Sirach: Wisdom Shaped by Humility

The book of Sirach offers a timeless counsel: "The greater you are, the more you must humble yourself; so you will find favour in the sight of the Lord" (Sirach 3:18). Ancient wisdom already understood what modern psychology confirms that arrogance isolates, but humility fosters genuine connection. Research on social belonging shows that people are most deeply respected not when they exalt themselves, but when they show empathy, attentiveness, and openness to others. Sirach points us to a spiritual psychology where humility is the soil in which grace takes root.

Hebrews: From Fear to Communion

The Letter to the Hebrews contrasts two mountains: Sinai, where trembling and fear marked God's presence, and Zion, the heavenly city where we are welcomed into communion with angels and the saints. The author reminds us that in Christ we are not called to fear, but to a new covenant sealed in His blood. As St. Augustine beautifully said, "God is always trying to give good things to us, but our hands are too full to receive them." Humility is the posture of emptying our hands—of pride, of self-sufficiency—so that we may be filled with God's love.

The Gospel: The Table of True Belonging

In Luke's Gospel, Jesus observes guests at a banquet scrambling for the places of honour. He turns the moment into a lesson that speaks directly to our contemporary culture of competition and self-promotion. "For all who exalt themselves will be humbled, and those who humble themselves will be exalted" (Luke 14:11).

How timely this teaching is! In a world where social media often rewards self-display and recognition, Christ invites us to a counter-cultural way of living: seeking not prestige, but service; not recognition, but relationship. Pope Francis reminds us in *Evangelii Gaudium* (The Joy of the Gospel): "The humble person

recognizes the greatness of God and his own limitations, and does not seek to be over others, but with them."

The Gospel goes further, urging us to invite those who cannot repay us: the poor, the crippled, the lame, the blind. In other words, to love gratuitously, without calculation. True discipleship is measured not by what we gain, but by how we give.

Speaking to Our Lives Today

Every one of us encounters situations where pride, status, or recognition become subtle temptations: in our workplaces, in family disputes, in community life, even in the Church. But Jesus' teaching offers us liberation. Humility allows us to breathe, to stop comparing ourselves with others, to receive others as gifts rather than rivals.

The psychologist Erich Fromm once noted that love requires an act of humility, an openness to the other. The Gospel affirms this truth: humility makes love possible, and love opens the door to God.

When we choose humility, we allow God to be the center. And when God is at the center, our relationships are healed, our communities are strengthened, and our own hearts find peace.

A Spiritual Invitation

This Sunday, Christ invites us to his banquet, the Eucharist. Here we find no competition for seats of honour, for all are welcomed equally as sons and daughters of the Father. As St. Teresa of Calcutta put it: "If you are humble, nothing will touch you, neither praise nor disgrace, because you know what you are." May we approach the altar today with humble hearts, ready to receive not what we think we deserve, but what God longs to give: the gift of Himself.

Let us Pray: Lord, teach us to walk humbly with You. Empty us of pride and fill us with Your Spirit of love, so that in our words and actions, others may encounter the joy of Your Kingdom.

Amen.

Fr. Joshy George



Photo update: IPC has informed us that they are experiencing delays in sending photos out. If you have not yet received your order, please reach out to the contact below. Please note: you will

need your invoice number.

customerservice@ipcphoto.ca or 1-800-391-5161 ext. 115.

Mass Intentions FOR THE WEEK

Saturday August 30 th	5:00 pm ✠ Nuno Ramos Requested by: Olga Ramos
Sunday August 31 st	8:00 am For the special intentions of Rt Hon Chevalier Williams & Lady Toyin Adigun KSS Requested by: Family
	9:30 am ✠ Julian Lacasse Requested by: Linda Lacasse
	11:30 am ✠ Patrick O'Reilly Requested by: Willa Wilson
Monday September 1 st	9:30AM ✠ John Arksey Requested by: Family
Tuesday September 2 nd	7:00 pm ✠ Diego Giudice Requested by: Neil & Jennifer Paradis
Wednesday September 3 rd	9:30 am ✠ Larry White Requested by: The White Family
Thursday September 4 th	9:30 am ✠ Lawrence Kim & Family Requested by: Anna Kim
Friday September 5 th (Weekly Eucharistic Adoration begins)	9:30 am ✠ Fred Aloise Requested by: Maria Aloise
	9:30 am ✠ Barbara Charuba Sr. Requested by: Barbara Charuba
	9:30 am ✠ Frank, Marina & Paul Prior Requested by: Suzanne Prior
	9:30 am ✠ Georgina Paquete Requested by: Gina Paquete
	9:30 am For the special intentions of Christopher Paolozzi Requested by: Gina Paquete
	9:30 am For the special intentions of Stephen Austin & Family Requested by: Maureen Austin



ROSARY SUNDAY A LIVING PILGRIMAGE



Rosary Sunday, the Annual Pilgrimage to honour Mother Mary, will be held on Sept.14 at Martyrs Shrine beginning at 2:30pm.

The bus reserved for Parishioners by the K of C will depart from the Parish front parking lot at 12:30pm following the 11:30am Mass and will return to the front parking lot at approximately 5:20pm. Tickets are \$20, including round trip bus fare, entrance fee and will be available after all Masses this weekend and the weekend of Sept.6/7.



FALL FOOD DRIVE

The Knights of Columbus and the Society of St. Vincent de Paul are teaming up for a much needed food drive.

The Knights will be handing out bags after the Masses the weekend of September 13th & 14th and will then receive them the following weekend of September 20th & 21st

Some much needed food items include; *school snacks, cereal, peanut butter, jam, Kraft Dinner, cookies, crackers, spaghetti sauce, coffee, tea, juice boxes, cakes mixes, sugar, pancake mix and syrup, canned meat, canned pasta, canned fruit, toilet paper and toiletries.*

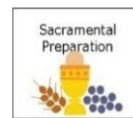
Please be careful not to bring in expired food or pasta (we have an excess of dried pasta!)

Thank you for your support!



For **ADULTS** interested in becoming Catholic, please chat with Paul LaPlume after

Mass or call him at 705-726-8007 ext.204.



The registration process for **FIRST COMMUNION, CONFIRMATION & RCIC** has begun. Information on these sacramental programs and their corresponding application links can be found on our website. Alternately, you may scan the appropriate **QR code** located on the bulletin board in the vestibule.



The office will be closed on **Monday, September 1st** in observance of Labour Day. **Mass will be at 9:30am ONLY.**

The Parish office will once again be open every Friday from 9:00am - 4:00pm starting on **SEPTEMBER 5th**.



Starting on Friday, September 5th, we will be offering Eucharistic Adoration **EVERY** Friday after 9:30am Mass. Adoration will conclude at 11:00 am when Benediction will be given.



Starting Monday, September 1st, we will pray the Prayer to St. Michael the Archangel after every Mass.

2ND ANNUAL PARISH FIESTA

Save the date! On Sunday, September 7th we will be holding our 2nd Annual Parish Fiesta. Once again we will be using the park across the street for food, music and lots of fun. There is no cost to this event and no sign up required! We look forward to sharing this day with you!



Please pray for those who are sick:

Filomena Alves, Mary Pirie & Elizabeth Pickett

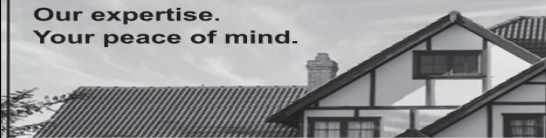
Please call the Parish Office if you wish to have a loved one prayed for.

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